

# The Experience, Learn Develop Framework Principles

## Our Principles



### **We are inclusive**

We want individuals and communities to have the opportunity to benefit from engagement in QUALITY-DRIVEN outdoor learning and show a respectful understanding for each other.



### **We respect the natural environment**

It is an integral part of our experience, learn, develop model and is a contributing factor in achieving meaningful outcomes and enables us to promote awareness of the current climate crisis.



### **We value the whole experience, our approach is centred around Experiential Learning.**

We apply the principles of YOUTH WORK and importance is placed on both the acquisition of skill or knowledge and the steps of the growth journey. We celebrate participation and encourage everyone to set goals to achieve their full potential and promote reflection to recognise individual achievements.



### **We value courage and curiosity**

We create a safe space where individuals can discover and challenge themselves, knowing that they will be supported and recognised for their own learning styles, strengths, character, and contribution



### **We strive for excellence**

To ensure our services and delivery meet the needs of our users WE LISTEN and are adaptable.

# The Experience, Learn Develop Framework Approach

In **Outdoor Learning Youth Work**, the practitioner acts as a bridge between structured activity and relational support, creating safe, engaging experiences intentionally linked to developmental outcomes such as resilience, confidence, social connectedness, and overall wellbeing.

Through challenge and support, skilled practitioners enable young people to test, reflect, and grow within trusted relationships. This integrated approach, as promoted by the Experience, Learn, Develop Framework, supports young people's holistic wellbeing by fostering the development of socio-emotional skills that include changes in knowledge, skills, attitudes, and behaviours. This is demonstrated through the following (not exhaustive) examples



## Experience

- Gain new knowledge through inclusive experiences
- Active experiences promote health, wellbeing
- Enjoyment and fun, creating positive memories
- Safe environment / a sense of community
- Broadens knowledge of lived experiences
- Safe spaces for perceived risk
- Independence
- The value of trust and trusted relationships
- Structured responsibility opportunities
- The ethos of 'challenge by choice'



## Learn

- About ourselves and others
- Empathy and to value and respect differences
- Understand the transferability of learning
- New skills
- Problem solving
- To recognise and celebrate achievement
- About the natural environment and its importance for sustainability and wellbeing
- Interpersonal skills and teamwork
- Emotional management
- Personal goal setting



## Develop

- Empowerment and initiative
- Educational and life skills
- Character and citizenship
- Social skills and social confidence
- Resilience and responsibility
- Self-confidence to use their own voice, be themselves and make decisions
- An ability to self-evaluate risk
- Friendships, often outside their usual peer group(s)
- Lifelong positive physical literacy
- Courage and Curiosity