

Our Principles

**We are inclusive**

We want individuals and communities to have the opportunity to benefit from engagement in QUALITY-DRIVEN outdoor learning and show a respectful understanding for each other.

**We respect the natural environment**

It is an integral part of our experience, learn, develop model and is a contributing factor in achieving meaningful outcomes and enables us to promote awareness of the current climate crisis.

**We value the whole experience, our approach is centred around Experiential Learning.**

We apply the principles of YOUTH WORK and importance is placed on both the acquisition of skill or knowledge and the steps of the growth journey. We celebrate participation and encourage everyone to set goals to achieve their full potential and promote reflection to recognise individual achievements.

**We value courage and curiosity**

We create a safe space where individuals can discover and challenge themselves, knowing that they will be supported and recognised for their own learning styles, strengths, character, and contribution

**We strive for excellence**

To ensure our services and delivery meet the needs of our users WE LISTEN and are adaptable.

UK Youth - Leaders in outdoor learning

"There are two goals in the experiential learning process. One is to learn the specifics of a particular subject, and the other is to learn about one's own process."- David A. Kolb

Approach

Outdoor learning promotes the positive physical, social, emotional and mental health of young people; By combining knowledge, skills, attitudes, or behaviour change, and these can be demonstrated through the following examples (not an exhaustive list):



Experience

- Gain new knowledge through experience
- Active experiences promote health, wellbeing & encourages lifelong positive physical literacy
- Enjoyment and fun, creating positive memories
- Safe environment / a sense of community
- Broadens knowledge of lived experiences
- Risk, delivered within a well-managed environment
- Independence
- The value of trust and trusted relationships
- Adventures Away from Home



Learn

- About ourselves and others
- Empathy and to value and respect differences
- Understand the transferability of learning
- New skills
- Problem solving
- To recognise and celebrate achievement
- About the natural environment and its importance for sustainability and wellbeing
- Interpersonal skills and teamwork
- Emotional management



Develop

- Essential life skills
- Empowerment and initiative
- Educational skills
- Character and citizenship
- Social skills and social confidence
- Resilience and responsibility
- Self-confidence to use their own voice, be themselves and make decisions
- An ability to self-evaluate risk
- Friendships, often outside their usual peer group(s)

Experience – Learn - Develop